

Dance4Peace Peru 2023 with Dance Alchemy

May 11th – 16th **and** May 16th – 21st, 2023

Lima - Cusco, Sacred Valley, Machu Picchu, Lima, **AND** Lima, Chincha Baja, Paracas, Lima

Enjoy the Sacred Andes (*Trip 1*), the Beautiful Pacific Coastline (*Trip 2*), **or BOTH**



TRIP 1: Lima – Cusco – Sacred Valley – Machu Picchu – and Back

DAY 1 (05/11/2023), FLY TO LIMA FROM THE U.S. You will arrive in Lima at night (8:30 or 10:30pm local.) Elite Travel Staff will welcome you and transfer you to the hotel for overnight in Lima. Dinner on your own (usually you will have eaten on the plane.) Welcome to Peru!

Accommodations: Hotel Costa Del Sol Wyndham.

DAY 2 (05/12/2023), LIMA – CUSCO – SACRED VALLEY – OLLANTAYTAMBO

We will leave early for our brief flight to Cusco, historic capital of the Incan Empire. Washi, our Elite Travel guide, will escort us from the airport in Cusco, where we will purchase school supplies and then embark on a guided excursion through snowcapped mountains to the legendary Sacred Valley. Along the way, we will stop to pick up a delicious lunch of traditional Peruvian food to take with us on the trip.

In the afternoon, when we reach the ancient town of



Ollantaytambo, we will be greeted by the children and families supported by the Path of the Heart. There we will share small gifts of school supplies and warm articles of clothing with them. Dinner will be prepared for us by local families. Live Huayno Music will be played by local musicians - a great opportunity for us to learn this dance and meet the locals.

Accommodation: Pakaritampu Boutique Hotel (B,L,D)

Note: *The Sacred Valley is lower than Cusco, which is why we begin here to ease your acclimation to the altitude. For your convenience, we provide bottled water all days.*



DAY 3 (05/13/2023), SACRED VALLEY - MACHU PICCHU – SACRED VALLEY Take a brief morning walk to Ollantaytambo train station for today's unforgettable trip. The 90 minute IncaRail train ride follows the Urubamba River into a magnificent cloud forest, making its way toward the Amazon and Machu Picchu, arriving at the station in Aguas Calientes. Then take the bus 20 minutes up to Machu Picchu (7,875 ft.) and see the sun illuminating the walls of this sacred and magical place.

Spend the morning exploring the famous ruins on a 2–3 hour tour guided by **Washi**, who will explain historic and sacred details, with rituals and dance as the mountain spirits move us. Washi and his brothers have guided tours in Machu Picchu for decades, and have a deep connection to the land and its spiritual significance. We will delve deep into the meanings



and energies behind this astounding monument to the Incan Empire, and the Mother Spirit, Pachamama.

Amazing gourmet lunch buffet at the 5-star Sanctuary Lodge, with a view of the Sacred Mountains. Return to the town of Aguas Calientes for your late afternoon train back to Ollantaytambo. Dinner on your own, and we recommend the Pakaritampu Hotel's dining room!

Accommodation: Pakaritampu Boutique Hotel (B,L)



DAY 4 (05/14/2023) A DAY OF FUN & EXPLORATION

Gather at 10:00 AM at the Parkaritampu Hotel for a time of meditation and sharing our experiences. Then we will visit Washi's family in Ollantaytambo for a lovely picnic lunch by the Sacred River, prepared by his professional chef, and we'll invite lots of children to have lunch with us.

On the way back to Cusco, we will stop at the Women's Weaving Cooperative in Chinchero to see a demonstration of traditional weaving & dyeing, and can support local families as we shop the gorgeous items they make.

Back in Cusco, we check into our 5-star hotel close to the Plaza de Armas, to relax and reflect on all that we've experienced! Then we'll go for a traditional dinner at the [Cuzqueñita Restaurant](#) - a classic picanteria with live performances of traditional dances from a variety of regions in historic costumes. You will be able to dance with these dancers, as they have audience participation!

Accommodation: [Casa Antigua San Blas](#). (B, L, D)





DAY 5 (05/15/2023) CUZCO TO LIMA After a great breakfast at the hotel, we will have a short flight to Lima. There we will be taken to the 5-Star Hotel Jose Antonio in Miraflores. Gourmet lunch at the hotel dining room.

Then a time to relax before we travel to the historic Las Brisas del Titicaca for an evening floor show of traditional dance like no other! A huge dance company in colorful costumes performs lively dances from all over Peru, punctuated by times of open dancing for everyone! **Accommodation:** Hotel Jose Antonio (B,L)



DAY 6 (05/16/2023) LIMA–HOME This morning, your luggage will be stored for you after check-out, so you can explore the shops and sights of Miraflores on your own, eating at local restaurants. Then our driver will bring you to the airport, where you will catch your flight home, arriving filled with incredible Andean memories! Pick up for the Airport will be according your International flight Schedule.

(If you are staying on for the next leg of the journey, you will remain at the hotel until the following day, and are free to enjoy this beautiful area on your own.)



TRIP 2: Lima – El Carmen – Paracas – Chincha Baja – and Return

DAY 1 (05/16/2023) FLY TO LIMA FROM THE U.S. You will arrive in Lima at night (8:30 or 10:30 pm local.) Elite Travel Staff will welcome you and transfer you to the hotel for overnight in Lima. Dinner on your own (usually you will have eaten on the plane.) Welcome to Peru! **Accommodations:** Hotel Jose Antonio. (If you are taking the Combined Trip, you will have this day to explore Lima)

Day 2 (05/17/2023) LIMA - PARACAS Enjoy a full breakfast in Lima before departure. Our staff will pick you up at your hotel at 11:00 am to drive for a 4 hour drive to Paracas, stopping along the way for lunch. We will enter the small Afro-Peruvian town of El Carmen at around 3:00 pm for dancing and dinner at Mamaine's restaurant, which is run by Mamainé, a notable AfroPeruvian woman. AfroPeruano Dance instruction provided by talented local dancers and musicians. Sleep tonight at the luxurious beachfront resort [Aranwa Hotel and Resort Paracas](#). Enjoy the huge pool and spa, time permitting. (B,D)



DAY 3 (05/18/2023) PARACAS (Local Music and Dance), after a relaxing morning we will leave the hotel at 12:00 PM and walk down the beach to the promenade in Paracas, for a delicious lunch prepared by a professional chef who will teach us the local way to cook fresh fish. We'll be taught local dances right on the promenade, accompanied by traditional music. Afternoon and evening on your own for shopping, swimming, dining & relaxing at the spa.

Accommodation : [Aranwa Hotel Resort Paracas](#) (B, L)





DAY 4 (05/19/2023) PARACAS – LIMA Enjoy a late breakfast and relax at the hotel by the beach. We'll embark on our scenic drive back to Lima at around 11:00 AM. On the way, we will have lunch and a traditional dance show at the Hacienda San Jose in Chincha, which is the epicenter of Afro-Peruvian Culture. This huge plantation dates back to the 17th century, when rich landowners imported slaves from Africa to pick cotton and cultivate sugar on their lands. Then we'll take our coach back to our hotel in Lima, there to enjoy the evening on our own to shop and get dinner. **Accommodation:** [Hotel Jose Antonio](#) (B,L)



DAY 5 (05/20/2023) MIRAFLORES, LIMA After breakfast, enjoy some time on your own. At around noon we'll **walk** along the colorful streets to the Bridge of Sighs, and then to Miraflores Love Park to dance. Following that, we'll have lunch and watch Marinara dancers. This evening we will take you to a private dining room in Barranco, to have a final farewell dinner and share memories of our trip. **Accommodation:** [Hotel Jose Antonio](#) (B, L, D)

DAY 6 (05/21/2023) LIMA –HOME This morning, explore our neighborhood of Miraflores on our own. Then our driver will bring you to the airport, where you will catch your flight home, arriving filled with incredible Andean memories! Pick up for the Airport will be according your international flight schedule.



Trip Specifics

Key: (B)reakfast (L)unch (D)inner

Pick-ups: The exact pick up times and tour start times will be reconfirmed daily with your local guides.

Hotels are listed in each day, you can get more information by Googling their Web page

Included:

- All intra-flights: Lima-Cuzco & Cuzco-Lima, and airport taxes
- Accommodations in well-located hotels
- All transfers
- VistaDome train to and from Aguas Calientes
- Bus to/from Machu Pichu
- Meals outlined in the itinerary
- Professional, Local, English-Speaking Guide
- All Entrance fees to activities listed
- All dancing activities
- Bottled water all days

Rates do not include:

- Medical & Travel Insurance
- Gratuities for tour managers
- Expenses of a personal nature such as laundry, beverages, telephone calls etc.
- International Flight to/from Lima

Recommended to Bring:

- Comfortable walking shoes
- Clothes for mild weather 50-70 degrees F. Warmer jacket for high-altitude evenings if going on the Sacred Valley & Machu Picchu portion (Trip #1)
- Good camera, extra battery, and memory card OR your cell phone, with charger
- Good flashlight
- Most hotels have adapters for electrical plugs, but you can bring an adapter if you like.
- Sunblock, sunglasses, hat
- Backpack or satchel for day trips

Rates & Deposits

Price per person: \$2,100 for Trip #1 (\$2,500 for a single room)

\$950 for Trip #2, (\$1,350 for a single room)

\$2,995 for the Combined Trip (\$3,395 for a single room)

International Flights: *Participants will book their own*

A deposit of 30% is required to reserve your space, due by November 1, 2022, which is:

\$630 for Trip #1 ... \$285 for Trip #2, ... or \$898.50 for the Combined Trip

(Single room: \$750 Trip #1... \$405 Trip #2... \$1018.50 for the Combined Trip)

Balance due to Elite Travel by March 11, 2023, which is 60 days before the trip.

All payments and financial transactions are being handled directly by and through Elite Travel.

To reserve your place on the trip, Elite Travel must receive your deposit no later than November 1, 2022.

DEPOSITS: Once you express your intent to join the trip, Elite Travel will send you email invoices, first for the deposit and then for the remainder. These can be paid by check or by electronic transfer from your checking or savings account. Please note that there is no PayPal option for this trip. If you do choose to pay Elite Travel by credit card, a 3% service charge will be applied. Questions can be addressed directly to Elite Travel: info@elitetravelperu.com

INTERNATIONAL FLIGHTS — BOOK ON YOUR OWN

When booking, be sure your arrival date is May 11th for Trip #1 or the Combined Trip, and May 16th for Trip #2, in either case **no later than 12 midnight** on the first day of your trip.

Ready to Go?

All right! The next step is filling out the registration form on the following page. Print it out, fill in your details, and either email us a scan, physically mail it (email for the address), or hand it to Candice in person if you're in the Baltimore area. Remember that you **must have a valid passport**, and the expiration date must be several months beyond the trip dates, with at least 6 months left on it.

Dance4Peace Peru 2023 with Dance Alchemy

Registration Form

Please fill out this form and email it to: dance.alchemyorg@gmail.com

Full name as it appears on your passport: _____

Address: _____ Apt: _____

City: _____ State: _____ Zip: _____

Passport number/Country of Citizenship: _____

Place/Country of issue: _____

Date of expiration _____ Date of issue _____ Date of birth _____

Email: _____

Phone number – mobile/primary: _____

Emergency contact: Name: _____ Relationship: _____

Their phone: _____ Email: _____

☐ **Sharing a Room:** Please indicate if you are traveling with a companion (provide name); otherwise we can assign you a roommate: _____

☐ Check here if you prefer a single room.

Known allergies: _____

Medication you take on a regular basis: _____

Health or physical concerns: _____

It is strongly advised that you purchase travel insurance. Please indicate here if you have/will be purchasing: Yes: _____ No: _____

I acknowledge that I have read and understood all of the itinerary information:

Signature: _____

Date: _____